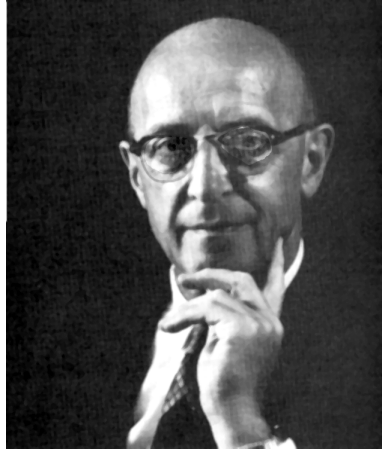


CARL ROGERS



*“I find I am more effective when I can listen acceptantly to myself,
and can be myself.”*

**Identified with the “Third Force” Humanistic
Psychology**

Holistic point of view

Client Center Therapy: Non-directive, Active Listening

Unconditional Positive Regard

Rogers (Cont.)

ASSUMPTIONS

Basic Goodness of Humanity

A Person is always in the process of Becoming

Man is aware his choices make a difference

Subjective Free Will

Man is intentional

Man is qualitative different from other species

THE SELF = Awareness of being

A person behaves as he perceive himself to be

Phenomenal Field

Self Structure (Self concept) and Self Experience

Symbolization

Evaluative Interactions and Self Value

“We may say that freedom from inner tension, or psychological adjustment, exists when the concept of self is at least roughly congruent with all the experiences of the organism.”

Congruency