

## **KAREN HORNEY**

**1885 - 1952**



**“Fortunately, analysis is not the only way to resolve inner conflicts. Life itself still remains a very effective therapist.”**

**Trained in classic psychoanalytic theory but almost immediately challenged basic concepts of Freud.**

**Believed the personality was formed during early childhood and unconscious irrational motivation but rejected the theory of psychosexual development and instinctual drives.**

**What motivates people is a need for safety, security, and freedom from fear and threat**

**Rejected Freud’s “Anatomy is destiny.”**

**Emphasis on social and culture factors to explain personality development**

**In 1934 published “The Overvaluation Of Love**

**Falsification of values**

**Idealized Self-Image**