

PSY 321
2th MID-TERM

The exam consists of 20 multiple choice questions (worth 1 point each), 10 matching (each worth 1 point each), and three brief essay question (each worth 20 points) of which you are to select two to answer.

Reading covered by the exam:

Holy: Self esteem/self Enhancement
Kitayama and Markus: Culture and Self
Brooks-Gunn: He and She
Rogers: Self Theory of Personality
Johnson: Normal Mental Processing
The Formation of the Self

Pay particular attention to the subjects of:

Issues related to bi-cultural identity and the different models proposed to describe how people can related to two cultures

Gopnick's *Theory* Theory and how it provides a mental mechanism that explains our theories we have reviewed in class including Roger's theory

The differences between Independence and Interdependence Cultures

The issues of self esteem and how individuals maintain their self esteem

Sample Brief Essay Question: Compare and contrast interdependence and independence cultures as they relate to issues of self concept, and self worth

Actual Multiple Choice Questions from the exam

Which of the following is not a desirable tendency to interdependent cultures?

- A. Conformity**
- B. Stereotyping**
- C. Self-effacement**
- D. Standing out**

According to Rogers a person is fully functional when:

- A. They have reached Nirvana**
- B. Their self has reached a point of true self wisdom**
- C. They have achieved an incongruency between their self concept and self experience**
- D. They have a strong congruency between their self concept and self experience**