

# SEX

## The Good, The Bad, And The Ugly

Sexual love = Lust, Sexual Desire

“Love making”

### Sexual Orientation

#### Heterosexual-Homosexual Continuum

##### NHSL Statistics (1994)

Sexual Identity	Men	Women
Heterosexual	96.9	98.6
Bisexual	0.8	0.5
Homosexual	2.0	0.9

##### Partners

Same-gender partners only, last year	2.0	1.0
Both male and female partners last year	0.7	0.3
Same-gender partners only since age 18	0.9	0.4
Both-male and female partners since age 18	4.0	3.7

## Homosexual Concordance Rates

### Gay Men

Identical Twins	52%
Fraternal Twins	22%
Adoptive Brothers	11%

### Lesbians

Identical Twins	48%
Fraternal Twins	16%
Adoptive Sisters	6%

Source: Bailey & Pillard, 1991, 1993

Daryl Bem (1995) Interaction of biological and environmental factors

### **Sexual Behavior**

Sexual Activity can be a physical, psychological, or a social (or group) experience.

Sex involves more than sexual intercourse (or orgasm).

## Frequency of Marital Coitus\*

### Age of Partners

18-29	2.2
30-39	1.7
40-49	1.3
50-59	1.0
60-69	0.6
70+	0.3
100+	4.5

## Estimates of Average Annual Frequency of Coitus in Selected Countries, 2003

Hungary	152	Norway	124
Bulgaria	151	Spain	123
Russian Fed	150	Germany	120
Serbia	147	Canada	119
Czech Rep	144	Italy	119
France	144	U.S.A.	118
India	138	Denmark	114
Belgium	136	Thailand	105
Iceland	136	Vietnam	104
U.K.	135	Hong Kong	103
China	132	Sweden	102
Poland	126	Malaysia	100
Australia	125	Singapore	96

# Seduction

## Manifest Message versus the Latent Message

### Gender Differences

Sex has three functions in relationships:

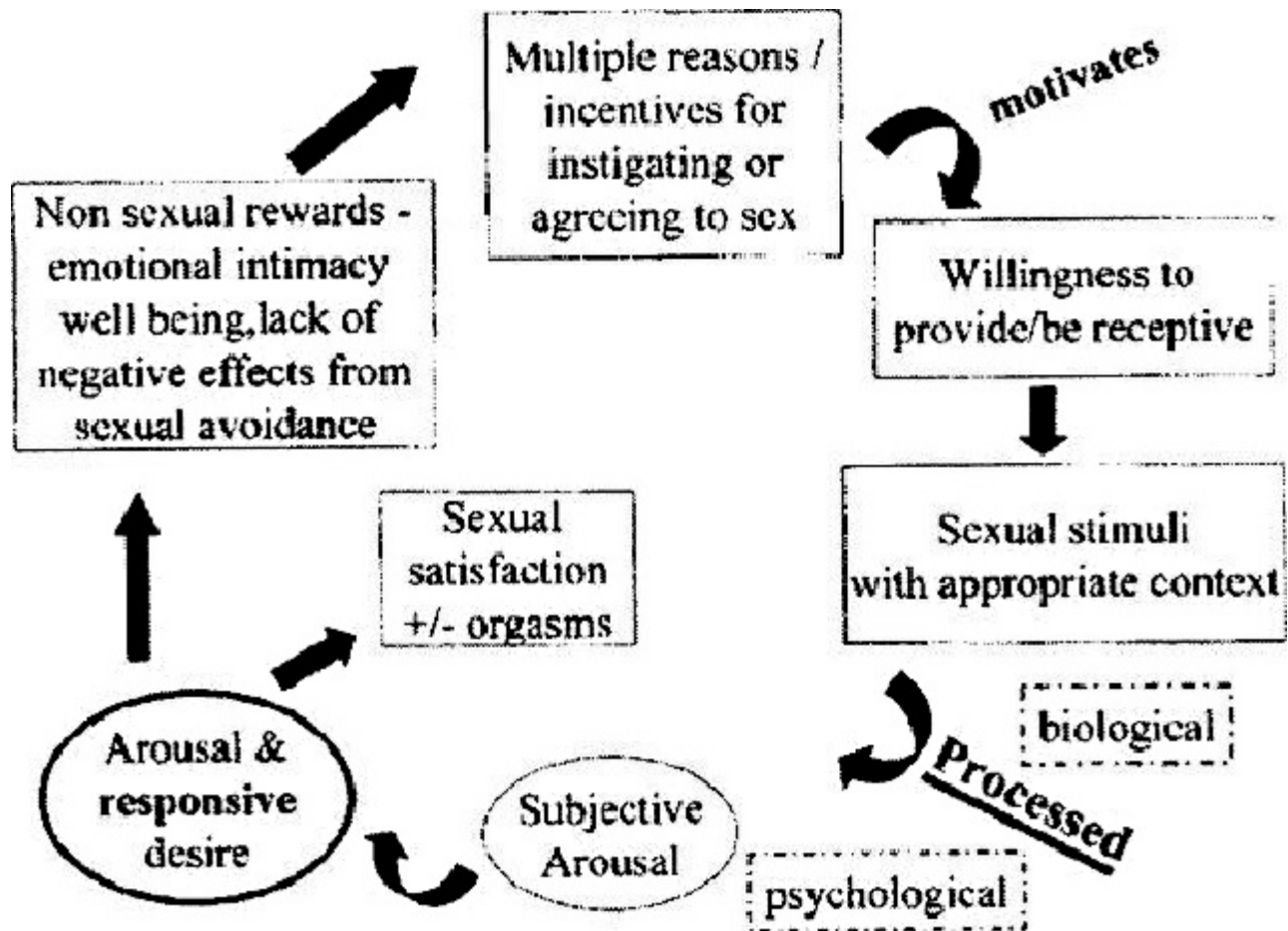
1. Procreation  
(Issue of Infertility)
2. Recreation
3. Affirmation

### Evolutionary Psychologists

## Master and Johnson Kaplan Linear Model of Sexual Desire/Arousal/Orgasm

<i>Phase</i>	<i>Male</i>	<i>Female</i>
<b>I</b> <b>Orgasm</b> Genital Muscle Spasm	<i>A. Emission</i> Contraction of internal muscles <i>B. Ejaculation</i> Perineal muscle	<i>A. No emission</i> <i>B. ♀ orgasm</i> Perineal muscle contractions
<b>II</b> <b>Excitement</b> Genital Vasocongestion	<i>Erection</i> High blood pressure system in penis	<i>Lubrication – Swelling</i> Diffuse genital vasocongestion
<b>III</b> <b>Desire</b> Activation of brain sex centers	<i>Sexual Passion or Libido</i> Activation of specific CNS areas – mediated by testosterone in both genders	

## Basson's Female Sexual Response Cycle



This cycle reflects the many incentives for sex, the psychological and biological influences on arousability, and the fact that arousal may precede and then accompany sexual desire. Basson, 2001

**Common Myths About Sex**  
(Zilbergeld, 1999; Wincze & Barlow, 1997)

**Men should not have (or at least not express) certain feelings.**

**In sex, as elsewhere, it's performance that counts.**

**The man must take charge of and orchestrate sex.**

**A man always wants and is ready to have sex.**

**All physical contact must lead to sex.**

**All man should be able to last all night.**

**Too much masturbation is bad.**

**When you have a sex partner, you shouldn't need or want to masturbate.**

**Sex equals intercourse.**

**Sex requires an erection.**

**An erection must appear before sexual activity in order to signal sexual interest.**

**Foreplay is "kids' stuff," i.e., not something established couples do.**

**Good sex is a linear progression of increasing excitement terminating only by orgasm.**

**Fantasizing about something else means I am not happy with my current partner.**

**Sensate Experience**

**THE BAD AND THE UGLY**

**Abnormal Variations In Sexual Behavior**

**Fetishism**

**Media Fetish**

**Form Fetish**

**Sadism and Masochism**

**Sex As a Way of Asserting Power**

**Impotence and Low Libido**

**Jealousy**

**Sexual Addictions**

**Obsessive Love**

## **S.L.A.A.: Sex & Love Addicts Anonymous**

Sex and Love Addicts Anonymous is a fellowship based on the 12 Step program of Alcoholics Anonymous. Members include both those who suffer from a compulsive need for sex, and those with a desperate attachment to one person. What all members have in common is an obsessive/compulsive pattern, either sexual or emotional (or both), in which relationships or activities have become increasingly destructive to all areas of their lives, career, family, and sense of self-respect.

We in .S.L.A.A.. believe that sex and love addiction is a progressive illness which cannot be cured but which, like many illnesses, can be arrested. It may take several forms - including (but not limited to) a compulsive need for sex, extreme dependency on one person (or many), and/or a chronic preoccupation with romance, intrigue or fantasy. An obsessive/compulsive pattern, either sexual or emotional (or both), exists in which relationships or sexual activities have become increasingly destructive to career, family and sense of self-respect. Sex and love addiction, if left unchecked, always gets worse.

## **Sexual Harassment**

The U.S. Equal Employment Opportunity Commission (EEOC) defined Sexual Harassment as:

Unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature constitute sexual harassment when:

- A. Submission to such conduct is made either explicitly or implicitly a term or condition of an individual's employment or academic advancement,
- B. Submission to or rejection of such conduct by an individual is used as the basis for academic or employment decisions affecting that individual, or
- C. Such conduct has the purpose or effect of unreasonably interfering with an individual's work or academic performance or creating an intimidating, hostile, or offensive working or educational environment

Fiske and Glick (1995) propose that there are four types of sexual harassment.

1. Earnest Harassment
2. Hostile Harassment
3. Paternalistic Ambivalent Harassment
4. Competitive-Ambivalent Harassment