

# **PSYCHOLOGY OF THE SELF**

## **Heinz Kohut**

### **Issue of narcissistic tendencies**

### **Guilty Man versus Tragic Man**

**Kohut proposes a self defined by early tension states which are empathically responded to by the human environment in order to maintain a psycho-biological steady state.**

**Self-object** provides relief from discomfort and soothing

### **Primary Narcissism**

### **Grandiose Self**

### **Need to be Mirrored**

Disappointment with the empathic self-object leads to disintegration or a fragmentation of the self experience with resulting rage or bodily (autoerotic) preoccupation

### **Optimally Failing Empathy**

### **Transmuting Internalization**

### **Narcissistic Personality**