

JOHNSON'S THEORY OF PERSONALITY BALANCE MODEL

Core Tendency of human nature: To attempt to fit into one's constantly changing environment

Not only does the individual attempt to fit into his or her environment; the social environment often attempts to fit the individual

Core Characteristics of Personality:

Personality is the product of the interaction of seven variables. The relation of personality to these variables can be expressed in a mathematical formula:

$$**P = (V_g G) \cdot (V_e E) \cdot (V_b B) \cdot (V_c C) \cdot (V_f F) \cdot (V_h H) \cdot (V_r R)**$$

P = Personality

V_g = Variance in DNA

V_e = Variance in Physical Environment

V_b = Variance in Physiology

V_c = Variance in Culture

V_f = Variance in Family of Origin

V_h = Variance in History

V_r = Variance in Reflective Processing

Given one's genetic profile and the other variables, one's personality forms throughout life but courser dispositions and attitudes are solidified in the early years of life

Autoplastic and Alloplastic

The brain modifying itself to fit a particular environment

Homo sapiens have the genetic disposition to develop a system of ideas regarding the nature of their worlds (and themselves) which facilitate their ability to function in their environment

The human brain has evolved to process ideas below conscious level

Theory Theory

Similar to Piaget's Assimilation/Accommodation

As we age the mind is slower to change these fundamental ideas and assimilates new information to adapt it to existing impressions.