

**ALFRED ADLER**  
(1870-1937)

**Inferiority Complex**  
**Organ Inferiority**  
**Feelings of Inferiority**  
**Compensation**  
**Individual Psychology**  
**Fictional Finalism**  
**Unconscious**  
**Conscious**

**Striving for Superiority (or perfection)**  
[Striving for Superiority] runs parallel to physical growth. All our functions follow its direction. . . Whatever premises, all our philosophers and psychologists dream of—self-preservation, pleasure principle, equalization—all these are but vague representations, attempts to express the great upward drive. . . .a fundamental category of thought, the structure of our reason. . . .the fundamental fact of our life.

**Adler, 1930**

## **Style of Life**

**Activeness-passiveness**  
**Constructiveness-destructiveness**

**Active-constructive**  
**Passive-Constructive**  
**Active-Destructive**  
**Passive-Destructive**

## **The Creative Self**

**[Heredity and environment are only] the bricks which [a person] uses in his own “creative” way in building up his attitude toward life.**

**Adler, 1935**

## **Order of Birth**

**First born (Dethroned)**  
**Middle Child**  
**Youngest Child**