

Adolescent Psychology

Introduction

Adolescence is a time of transitions:
Biological
Cognitive
Social

Theories of adolescence

Biological theories and biosocial theories
G. Stanley Hall

Organismic Theories

Sigmund Freud: Genital Stage Psychosexual Develop.

Eric Erikson: Identity versus role confusion

Jean Piaget: Formal Operations

Learning Theories

Bandura: Efficacy Expectation

Sociological Theories:
“The Generation Gap”

Historical Approach

The Zietgiest: The spirit of the time

Anthropological Approach

Integrated or Balance Model