

ACHIEVEMENT

Steinberg defined **achievement** as a psychosocial domain concerning behaviors and feelings in evaluative situations.

Johnson: Achievement is the psychological domain concerning one's efforts and degree of success at realizing a personal goal.

Achievement attributions: the belief one holds about the causes of one's successes and failures.

Achievement is a product of
one's ability
one's attitudes and beliefs in one's self
one's circumstance
and just plain luck

Self-Efficacy

“Self-efficacy beliefs regulate human functioning through cognitive, motivational, affective, and decisional processes. . . . The affect whether individuals think in self-enhancing or self-debilitating ways, how well they motivate themselves and persevere in the face of difficulties, the quality of their emotional well-being and their vulnerability to stress and depress, and the choices they make at important decision points.” Bandura and Locke 2003, p 87

Meta-analysis: A statistical method of combining the results of

a number of different studies in order to provide a larger sample size for evaluation and to produce a stronger conclusion than can be provided by any single study.

“The evidence from. . .meta-analyses [of the question do beliefs of personal efficacy contribution to human functioning] is consistent in showing that efficacy beliefs contribute significantly to the level of motivation and performance.”

Bandura and Locke, 2003