

PSYCHO-DYNAMIC MODELS

Sigmund Freud (1856 - 1939)

Carl Jung, Heinz Kohut, Karen Horney, and Wilhelm Reich

Erik Erikson and Object Relations Theory

WHAT DEFINES PSYCHO-DYNAMIC THEORY

1. Unconscious
2. Irrational instincts, also called drives
3. Early childhood events (and sometimes trauma).

ZEITGEIST (Spirit of the Time)

Materialism (Herman von Helmholtz)

PSYCHOANALYSIS SIGMUND FREUD

Fixation
Ego: Structure of Adjustment
Superego

ANALYTICAL PSYCHOLOGY

CARL JUNG

**Personal Unconscious
Collective Unconscious**

Shadow

KAREN HORNEY

Need for safety, security, and freedom from fear and threat

OBJECT RELATIONS THEORY

**John Kohut
SELF THEORY**